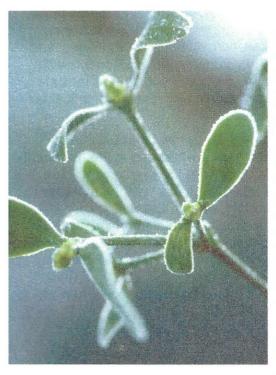
# WELEDA

### Complementary Cancer Therapy: Iscador® / Iscar®



WELEDA Iscador<sup>®</sup> preparations are extracted from the mistletoe plant and are becoming increasingly known and accepted in Europe for their valuable contribution to cancer therapy. As the use of Iscador<sup>®</sup> has become more widespread, its mode of action has been the subject of more research and medical trials.

Its actions are many sided and complex, however it is now recognised that one side of its activity comes from stimulating parts of the immune system that can slow the growth of cancer cells. Many patients also report an improved quality of life such as feeling better and more positive, and also needing less pain relief. For these reasons, Iscador® is often used in conjunction with conventional therapies such as surgery, chemotherapy and radiotherapy.

Proper use for Iscador® requires the diagnostic, prescribing and patient management skills of your doctor. Iscador® is available only by your doctor's prescription, and can be obtained

directly from Weleda. A doctor trained in the use of Iscador® may also recommend other Weleda medicines. Patients often find that these can help in complementary ways to conventional or other alternative medicines.

Iscador® is an extract in water from the mistletoe plant. Mistletoe grows on different types of tree such as Pine (Pini-Iscador P), Oak (Quercus-Iscador Qu) and Apple (Mali-Iscador M). It has been found that different types of illnesses respond better to mistletoe from specific host trees, so for example mistletoe from Pine trees, Iscador P, may be used for skin cancer.

Your doctor will normally prescribe a course of Iscador® of increasing strength. Your doctor or nurse may also ask you to monitor your temperature, actually looking for a small rise after the application. This passes within a few hours and is beneficial, indicating that your immune system is responding to the Iscador®. Once you have found the Iscador® strength that achieves this temperature rise you may be asked to continue on maintenance therapy using this same strength of Iscador®.

There are very few side-effects from Iscador<sup>®</sup> and it can be used in conjunction with other medications where other medical conditions are present.

WELEDA Iscador<sup>®</sup> is available in boxes of 7 ampules. In the U.S. it is registered as a homeopathic medicine under the trade name of Iscar<sup>®</sup>.

Please ask your doctor, nurse or Weleda if you have any other questions.

Weleda will also provide prescribing information to doctors on request: 

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#### EXCERPTS AND FAQ'S FROM THE BOOK 'ISCADOR, MISTLETOE AND CANCER THERAPY'

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An extract from the whole mistletoe plant contains various lectins (the main ones being ML1-3), numerous viscotoxins, and more. In vitro test tube experiments with these two groups of substances indicate that they have an inhibiting or lethal effect on cancer cells.

Mistletoe therapy has been used in Germany and Switzerland in the treatment of cancer for over eighty years. To date, about 30,000 patients have been treated with mistletoe at the Lukas Clinic in

Arlesheim, Switzerland. About half of the physicians practicing in Germany now use mistletoe as adjunct therapy, and their numbers continue to increase. Many studies have tracked the good results experienced by patients (in vivo) that confirm the anti-tumor effects found in test tubes.

Besides its effects on the actual tumor, mistletoe has other positive aspects, from which an integrative approach to cancer treatment can benefit.

FREQUENTLY ASKED QUESTIONS (by Richard Wagner, MD, Germany)

#### Q: Can Iscador be administered at the same time as chemotherapy?

**A:** Treatment with Iscador can and should be administered during chemotherapy, since the latter causes a decrease in the white blood cell count. Generally, tolerance to chemotherapy is improved by simultaneous treatment with Iscador.

#### Q: Which types of tumors react well to Iscador?

A: Studies show a significant increase in patient survival time with treatment of Iscador in various stages of cervical, ovarian, vaginal, mammary, stomach, bronchial, and other carcinomas, all of which indicate the efficacy of Iscador treatment.

## Q: Can therapy with Iscador be combined with chemotherapy, hormone therapy or radiation?

**A:** In my opinion, Iscador therapy should always be carried out in conjunction with chemotherapy, radiation, or other conventional cancer treatments. During chemotherapy, the immune competence of the organism is radically reduced. Administering Iscador can provide a positive, balancing effect, which will stabilize the leucocytes. This means that chemotherapy, if necessary, can be carried out with success, and without doing greater damage to the immune system than necessary. Therapy with Iscador can often prevent the interruption of chemotherapy due to leukopenia.

#### Q: What methods of alternative therapy can be used in conjunction with Iscador?

A: So-called alternative treatments are manifold, ranging from treatment with enzyme preparations, vitamin preparations and trace elements, to ozone therapy, various kinds of blood cleansings and many alleged immune-stimulating methods. It is important to know that mistletoe therapy is not an alternative therapy, but is included within the framework of an anthroposophically extended therapy.